



# Covid 19 Risk Assessment

What are the hazards?	Who might be harmed	Risk Rating before Controls	Controls Required	Additional Controls /Responsible Persons	Risk Rating after Controls
	<ul style="list-style-type: none"> <li>• Yourself and members of your workforce and at home</li> <li>• Staff on the site</li> <li>• Visitors to that site</li> <li>• Cleaners</li> <li>• Contractors</li> <li>• Drivers</li> <li>• Vulnerable groups – Elderly, Pregnant workers, those with</li> </ul>		<p><u>Hand Washing</u></p> <ul style="list-style-type: none"> <li>• Hand washing facilities with soap and water in place or avail of customers’ hand washing facilities.</li> <li>• Stringent hand washing taking place.</li> <li>• Drying of hands with disposable paper towels or air hand dryers.</li> <li>• Gel sanitisers in any area where washing facilities not readily available.</li> </ul>	<p>Employees to be reminded on a regular basis to wash their hands for 20 seconds with water and soap and the importance of proper drying. Also reminded to catch coughs and sneezes in tissues –Catch it, Bin it, Kill it and to avoid touching face, eyes, nose or mouth with unclean hands. Encourage staff to report any problems. To help reduce the spread of coronavirus (COVID-19) reminding everyone of the public health advice.</p>	



	<p><b>existing underlying health conditions</b></p> <ul style="list-style-type: none"><li>• <b>Anyone else who physically comes in contact with you in relation to your business</b></li></ul>		<p><b><u>Cleaning</u></b></p> <p>Frequently cleaning and disinfecting objects and surfaces that are touched regularly particularly in areas of high use such as van door handles, steering wheel, equipment, using appropriate cleaning products and methods.</p> <p><b><u>Social Distancing</u></b></p> <p>Social Distancing -Reducing the number of persons in any work area to comply with the 2-metre (6.5 foot) gap recommended by the WHO.Redesigning processes to ensure social distancing in place. Conference calls to be used instead of face to face meetings. Ensuring sufficient rest breaks for staff. Social distancing also to be adhered to in canteen area and smoking area.</p>	<p>Staff to be reminded on a daily basis of the importance of social distancing both in the workplace and outside of it.</p> <p>Management checks to ensure this is adhered to.</p>	
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			<p><b><u>Wearing of Gloves</u></b></p> <p>Where Risk Assessment identifies wearing of gloves as a requirement of the job, an adequate supply of these will be provided. Staff will be instructed on how to remove gloves carefully to reduce contamination and how to dispose of them safely.</p> <p><b><u>RPE</u></b></p> <p>Public Health guidance on the use of PPE (personal protective equipment) to protect against COVID-19 relates to health care settings. In all other settings individuals are asked to observe social distancing measures and practice good hand hygiene behaviours unless directed by the customer. Obey all site rules</p> <p><b><u>Symptoms of Covid-19</u></b></p> <p>If anyone becomes unwell with a new continuous cough or a high temperature in the workplace they will be sent home and advised to follow the stay at home guidance.</p>	<p>Staff to be reminded that wearing of gloves is not a substitute for good hand washing.</p> <p>Internal communication channels and cascading of messages through line managers will be carried out regularly to reassure and support employees in a fast changing situation.</p>	
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			<p>Line managers will maintain regular contact with staff members during this time.</p> <p>If advised that a member of staff or public has developed Covid-19 the management team of the workplace will contact the Public Health Authority to discuss the case, identify people who have been in contact with them and will take advice on any actions or precautions that should be taken.</p> <p><b><u>Drivers</u></b></p> <p>Persons should not share vehicles or cabs, where suitable distancing cannot be achieved.</p> <p><b><u>Mental Health</u></b></p> <p>Management will promote mental health &amp; wellbeing awareness to staff during the Coronavirus outbreak and will offer whatever support they can to help</p>	<p>Line managers will offer support to staff who are affected by Coronavirus or has a family member affected. Regular communication of mental health information and open door policy for those who need additional support.</p> <p>Management</p> <p>We will continually adopt and review new government / WHO guidance as and when it is available” – Management</p>	
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**Covid-19 is a new illness that can affect your lungs and airways. It is caused by a virus called Coronavirus. Symptoms can be mild, moderate, severe or fatal. This Risk Assessment is subject to review and is automatically superseded by any new guidance issued by the Government of Ireland or the HSE.**

# Coronavirus **COVID-19**



**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.dfa.ie](http://www.dfa.ie)

## How to Prevent



### Wash

your hands well and often to avoid contamination



### Cover

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



### Avoid

touching eyes, nose, or mouth with unwashed hands



### Clean

and disinfect frequently touched objects and surfaces



### Stop

shaking hands or hugging when saying hello or greeting other people



### Distance

yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell

## All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit [hse.ie](http://hse.ie) QR phone HSE Live **1850 24 1850**

## Symptoms

> Fever (High Temperature) > A Cough > Shortness of Breath > Breathing Difficulties

## For daily updates visit

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

